



Sport Kickboxing Academy Burnaby

Determination & perseverance helps you to be the best

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Kids All Levels 11:00-11:45
Kids Orange & Up 4:00-4:45	Youth White to H. Yellow 4:00-4:45	Kids Orange & Up 4:00-4:45	Youth White to H. Yellow 4:00-4:45		Adult White to H. Yellow 11:45-12:30
Youth Orange & Up 4:45- 5:30	Kids Orange & Up 4:45-5:30	Youth Orange & Up 4:45- 5:30	Kids Orange & Up 4:45-5:30	Open 5:30PM	BBC Kids/Youth All Levels 12:30-1:30
Kids White to H. Yellow 5:30-6:15	Adult White and H Yellow 5:30-6:15	Kids White to H. Yellow 5:30-6:15	Adult White and H Yellow 5:30-6:15	BBC Adult All Levels 6:15-7:30	BBC Adult All Levels 1:45-3:00
Adult White & H Yellow 6:15- 7:00	Adult Orange & H. Orange 6:15-7:00	Adult White & H Yellow 6:15- 7:00	Adult Orange & H. Orange 6:15-7:00	Closed 8:00	Pro Fight Class 3:00-3:45
Adult Orange & Up 7:00-8:00	Adult Green & Up 7:00-8:00	Adult Orange & Up 7:00-8:00	Adult Green & Up 7:00-8:00		Closed 4:00
Closed 8:30	Closed 8:30	Closed 8:30	Closed 8:30		
Operating hours: Mon /Wed 3:00pm to 8:30pm, Tues/Thur. 3:30pm until 8:30 pm, Fri. 5:30pm until 8:30 pm, Sat. 10:30 to 3:45pm					
4715 E. Hastings, Burnaby B.C Email: Burnaby@kickboxing.net			Tel: 432-6652 Visit our website: www.kickboxing.net		