

Tournament

FORM / KATA

1. From Kids/Novice
2. From Kids / Intermediate
3. From Kids / Advance
4. Kids / Weapon
5. From Youth / Novice
6. From Youth / Intermediate / Advance
7. From Youth /Weapon
8. From Adult / Novice
9. Form Adult / Intermediate / Advance
10. From Adult / Weapon

Continuous Point Sparring

11. CPS Kids / Novice
12. CPS Kids / Intermediate
13. CPS Kids / Advance
14. CPS Youth / Novice Male
15. CPS Youth/ Intermediate Male
16. CPS Youth/ Advance Male
17. CPS Youth / Novice Female
18. CPS Youth/ Intermediate Female
19. CPS Youth/ Advance Female
20. CPS Adult Novice Male
21. CPS Adult/ Intermediate Male
22. CPS Adult/ Advance Male
23. CPS Adult Novice Female
24. CPS Adult/ Intermediate Female
25. CPS Adult/ Advance Female

No Face Contact (Male)

26. NFC Male Youth / Adult Light weight -120lbs
27. NFC Male Youth / Adult Light Middle Weight-140 lbs
28. NFC Male Youth / Adult Middle Weight -160 lbs
29. NFC Male Youth / Adult Light Heavy Weight -190lbs
30. NFC Male Youth / Adult Heavy Weight - 210 lbs
31. NFC Male Youth / Adult Super Heavy Weight 210 + lbs

No Face Contact (Female)

Tournament

32. NFC Female Youth / Adult Light weight -95 lbs
33. NFC Female Youth / Adult Light Middle Weight-- 115 lbs
34. NFC Female Youth / Adult Middle Weight 130 lbs
35. NFC Female Youth / Adult Light Heavy Weight -150 lbs
36. NFC Female Youth / Adult Heavy Weight - 170 lbs
37. NFC Female Youth / Adult Super Heavy Weight +170

Face Contact (Male)

38. FC Male Youth / Adult Light weight -120lbs
39. FC Male Youth / Adult Light Middle Weight-140 lbs
40. FC Male Youth / Adult Middle Weight -160 lbs
41. FC Male Youth / Adult Light Heavy Weight -190lbs
42. FC Male Youth / Adult Heavy Weight - 210 lbs
43. FC Male Youth / Adult Super Heavy Weight 210 + lbs

Face Contact (Female)

44. FC Female Youth / Adult Light weight -95 lbs
45. FC Female Youth / Adult Light Middle Weight-- 115 lbs
46. FC Female Youth / Adult Middle Weight 130 lbs
47. FC Female Youth / Adult Light Heavy Weight -150 lbs
48. FC Female Youth / Adult Heavy Weight - 170 lbs
49. FC Female Youth / Adult Super Heavy Weight +170

*****Attention:** If there are less than three participants in a weight category those participants will be moved to the next weight category.

Novice: White to Orange **Intermediate:** High Orange to Blue

Advance: High Blue and up